

Wednesday 8th March 2017

Dear Year 3 Parents/Carers,

I am writing to you with details of the Sex and Relationship Education (SRE) Lessons which will be taught in Year 3 this half term. These lessons are part of our wider Personal, Social, Health and Emotional Education curriculum which is taught throughout the school.

The purpose of Sex and Relationships education (SRE) is to eventually (Years 5 and 6) provide our pupils with the knowledge of how the human body changes and the processes of human reproduction, within the context of relationships based on love and respect. Our aim is to develop pupils understanding and attitudes which will help them to form relationships in a responsible and healthy manner and to appreciate the value of a stable family life as well as understanding the changes to their body which will take place during the next few years. One very important aspect of this is that pupils will also understand how their emotions will change during this time and how they can deal with their feelings towards themselves, their peer group, their families and others in a positive way.

Our view as a school is that it is better for children to start their Sex and Relationships education at the beginning of KS2 so their transition throughout the school is with good information/knowledge and the confidence to speak to those they trust.

In year three we aim to cover the following:

LESSON 1/Learning Intention

To explore the differences between males and females and to name the body parts.

Learning Outcomes

Know some differences and similarities between males and females. Name male and female body parts using agreed words

LESSON 2/Learning Intention

To consider touch and to know that a person has the right to say what they like and dislike.

Learning Outcomes

Identify different types of touch that people like and do not like. Understand personal space. Talk about ways of dealing with unwanted touch.

LESSON 3/Learning Intention

To explore different types of families and who to go to for help and support

Learning Outcomes

Understand that all families are different and have different family members. Identify who to go to for help and support.

Parents can withdraw their children from all or part of sex and relationships education that does not form part of the statutory National Curriculum, which is highlighted in amber. We will begin teaching the week of 27th March. If you wish to withdraw your child from all or part of the school's sex education programme, please write to your child's class teacher before the programme starts.

We will be holding an information session on Wednesday 15th March from 9.00-9.30am in the Reception kitchen area. This will be an opportunity to ask any questions you may have about the upcoming lessons.

Yours sincerely,



Miss Bell
Year 3 Class Teacher